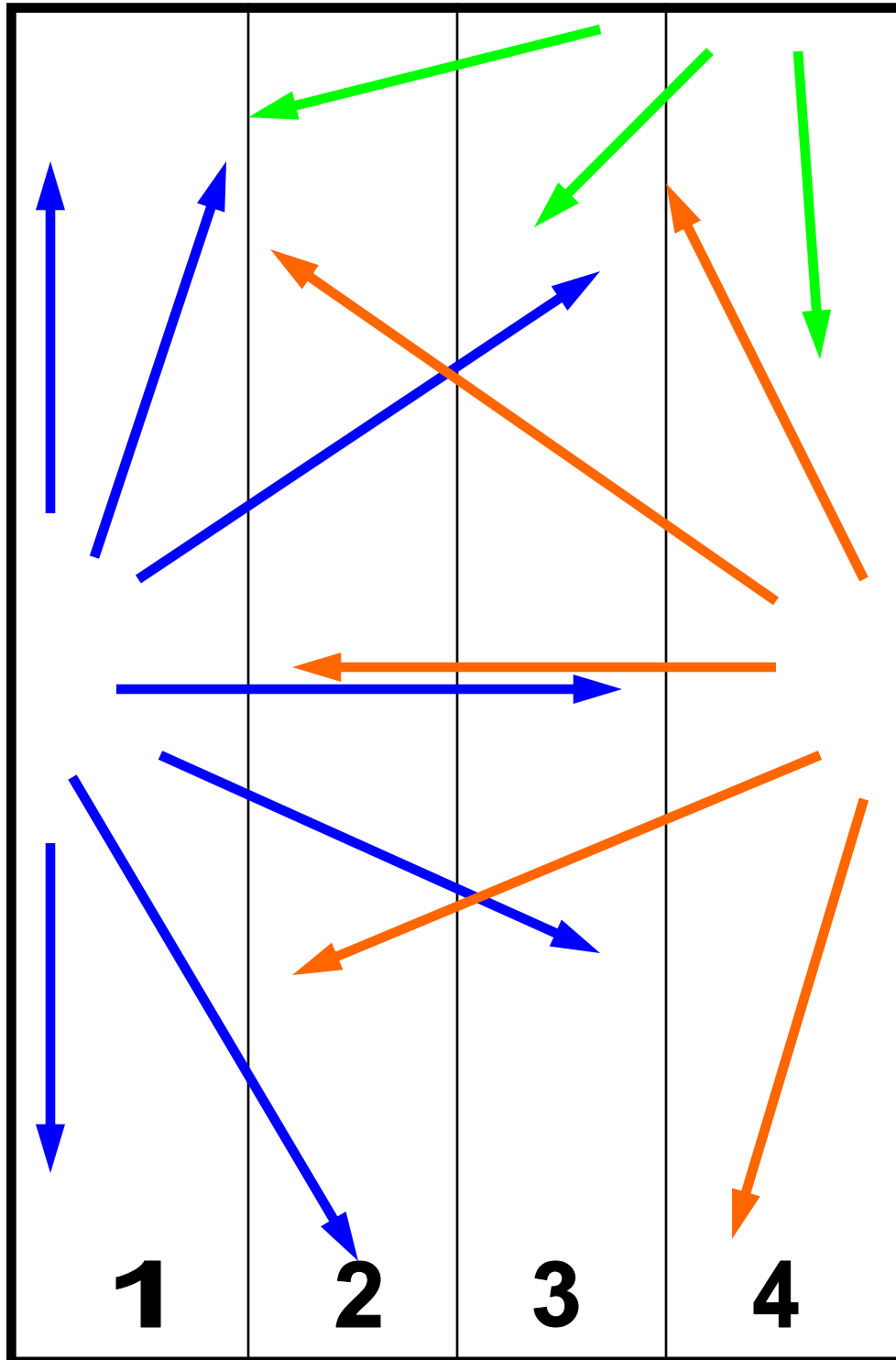


# GUARD ZONES

# 2

Shallow  
open swim

**3**  
Lanes  
1-4



**1**  
Lanes  
1-4

## **Rotation** - 1 to 2 to 3 (3 if busy)

*Rotate every 20-30 minutes, based on need.*

*Rotate from 1 to 2 and back.*

*15 minute break after 2 hrs in rotation.*

*2 guards must be up with 25+ in pool.*