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**Supervision is key in preventing aquatic incidents.** State and local jurisdictions vary in their regulations regarding the use of lifeguards on deck during learn-to-swim programs and swim team practices, and availability of certified guards is often an issue during daytime hours. But there's no arguing the need for dedicated lifeguards who are consistently scanning the pool at all times, regardless of the activity occurring. Instructors or coaches, even if lifeguard certified, cannot also provide proper pool supervision; organizations must provide dedicated lifeguards whenever the pool is in use. While some aquatic professionals may be stunned at the thought of not having a lifeguard at all times, yet others will be surprised that one is needed in these situations. However recent incidents show that asking coaches to also be a lifeguard may be too much. Recent drowning incidents at schools are discussed in an article from Athletic Magazine. Read more [HERE](#).

**Here's a "Heads Up" on Concussions.** The days of walking off a blow to the head should be over. Recent studies show the high risk for debilitating long term effects of blows to the head in sports. A concussion is a type of traumatic brain injury, or TBI, caused by a bump, blow, or jolt to the head that can change the way your brain normally works. Concussions can also occur from a fall or a blow to the body that causes the head and brain to move quickly back and forth. Health care professionals may describe a concussion as a "mild" brain injury because concussions are usually not life-threatening. Even so, their effects can be serious. The CDC has created free online courses for youth sports [Coaches](#), [Parents](#) and [Athletes](#) that provide important information on preventing, recognizing, and responding to a concussion. Read more [HERE](#).

**No two nonprofit boards are alike.** Melanie Lockwood Herman from the [Nonprofit Risk Management Center](#) discusses how this truth may affect your organization's risk management efforts in her recent article: *"Risk and the Board: What Could Go Wrong?"* Herman writes: "During my career I've reported to and served on some terrific nonprofit boards. And something I've learned first-hand is that no two nonprofit boards are exactly alike. From size, to focus to meeting format, nonprofit boards are perhaps best compared to snowflakes: each is different in some respects from the others." How a Board operates and interacts can have great effect on the risk management efforts of staff and the organization as a whole. In the article from the new issue of Risk Management Essentials, Herman delves into three critical risk issues facing nonprofit boards. Read more [HERE](#).

**Check out 20 Innovative Ways Schools Are Combating Bullying.** Bullying is an issue for youth today in schools, camps and other programs. Students, parents, schools and other organizations are formulating various strategies to put an end to the problem. Read more about several innovative ideas [HERE](#).

**What is safety excellence?** This question is asked and discussed by Terry Mathis in his recent article "[\*Zero Accidents Does Not Equal Safety Excellence\*](#)" published in [EHS Today](#) magazine. While the article is not written specifically about the nonprofit world, the concepts of a safety culture and how to define it can be applied to most organizations. Mathis discusses how a newly hired safety professional asked the CEO of his organization what was expected of him and the answer he got was "excellence." When he asked the CEO to elaborate, the CEO replied, "When you get to zero accidents come back and see me." It seems that excellence, as it applies to safety, is commonly misunderstood and poorly defined. The article goes on to help the reader understand and define excellence in safety at their workplace. Read more [HERE](#).

**The top Cybersecurity risks for 2013 have been identified.** ThreatMetrix, a provider of integrated cybercrime prevention solutions, announces the most threatening cybersecurity trends and risks businesses and consumers must keep top of mind in 2013. These include cyberwarfare, data breaches, migrating malware, bring-your-own-device (BYOD), cloud computing, and mobile and social media fraud. In today's threat environment, the reach of cybercriminals expands to more industries each year. "This year, cybercriminals have become so advanced that security professionals are struggling to detect many of their attacks in a timely manner," says Andreas Baumhof, chief technology officer, ThreatMetrix. ThreatMetrix has identified top cybersecurity trends and risks that will impact businesses and consumers across several industries in 2013. Read more [HERE](#).

### **This Month's Topics:**

*Aquatic Supervision*  
*Concussion Safety*  
*Nonprofit Boards*  
*Prevent Bullying*  
*Safety Excellence*  
*Cybersecurity*