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**Changing the culture of concussion starts with you!** The Centers for Disease Control and Prevention (CDC) offers a wide range of concussion prevention and education resources on their HEADS UP to Youth Sports [Webpage](#). Coaches that Participate in the online training available at the site will be well positioned to improve the culture of concussion in their programs. The actions of youth sports leaders can help create a safe environment for young athletes in order to keep them healthy, active, and thriving - both on and off the playing field. Read more [HERE](#).

**These folks know how to climb the walls... safely.** The Climbing Wall Association ([CWA](#)) is hosting their first Risk Management Summit on November 15-17 in Morrisville, NC. This is a new event focusing on risk management for indoor climbing facilities. The event is designed to provide the knowledge, information and tools to manage the risks of a climbing facility effectively. Operators often change their approach to risk management once they understand that individual risks across the organization are often interrelated and can combine to create risk exposures that are far greater than the individual risks. Risk management as a discipline provides a process for the identification, prioritization, intervention and management of all types of risks. Read more [HERE](#).

**Back injuries are among the most common of workplace injuries.** Almost every employed and volunteer staff member engages in some form of lifting on a regular basis; it is important to provide training and frequent reminders to reduce stress factors and injuries. For some nonprofits, child care workers and lifeguards lead the reports for lifting related injuries. Resources to assist your organization in preventing common incidents such as [Consideration for Preventing Back Injuries](#), [Ladder Safety Tips](#), [Safety Orientation Checklist](#), [Preventing Slips and Falls](#) and [Snow Shoveling Safety](#) are all available in the [Online Resource Library](#).

**The Occupational Safety and Health Administration (OSHA) provides** organizations with safety information in the [Small Entity Compliance Guide for the Respiratory Protection Standard](#). The resource is intended to help small businesses protect workers from respiratory hazards. The guide, directed at businesses with fewer than 250 workers, explains how to comply with OSHA's Respiratory Protection Standard. OSHA's [Respiratory Protection Web page](#) includes hazard alerts and training materials. In addition, OSHA provides assistance to small businesses through the free [On-site Consultation Service](#). Employers with fewer than 250 workers can call 1-800-321-OSHA to request this service, free of charge, to help identify and correct hazards, as well as improve comprehensive safety and health programs. Consultation services are separate from enforcement activities and do not result in penalties or citations.

## Did you see this in the previous E-news:

**October is National Fire Prevention Month** and is a great time to make fire prevention a topic all around your organization. Safety training [refreshers](#) for staff, [emergency procedure review](#), [exit route planning](#), activities for children and [emergency drills](#) can be tied into the theme and strengthen your facility's level of preparedness. For more information on fire prevention activity ideas contact your local fire department to foster a strong relationship or look [HERE](#).

**Employed and volunteer staff is at the heart** of many nonprofit organizations. Ensuring their safety and preventing injuries should be part of your organization's culture. Developing this culture does not happen by chance, it must be part of an ongoing safety effort. Your efforts toward safety should include key components of a safety program such as leadership, orientation and training on job hazards. These components of a strong safety program are part of creating your organization's culture of safety. Read more [HERE](#).

## **This Month's Topics:**

*Concussion Education Resources*  
*Climbing Wall Risk Management*  
*Preventing Back Injuries*  
*Respiratory Protection Resources*  
*Fire Prevention*  
*Preventing Employee Injuries*