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**Turn the clocks back and move safety forward.** Many regions fall back with daylight savings time and November 1<sup>st</sup> is the time to turn clocks back. Besides the benefit of getting an “extra” hour of rest 11/1 is also a good time to look at moving forward with the following safety reminders:

1. Replace batteries in smoke alarms and carbon monoxide detectors
2. Check fire safety monitoring systems
3. Inspect fire extinguishers to ensure they are charged and current
4. Inspect extension cords and ensure that they are only being used for temporary situations
5. Protect electronic devices with surge protectors
6. Review emergency plans; conduct a drill
7. Inspect vehicles; change windshield wipers
8. Ensure vehicles are prepared and equipped for winter
9. Drivers should review these tips for [driving at night](#) from the National Safety Council ([NSC](#))
10. Stock up on ice melt and ensure snow shovels and in good repair
11. Review back injury prevention for [snow shoveling](#)

**Manage the risk of Bullying because it really matters.** The Fall 2015 issue of the Nonprofit Risk Management Center's periodic newsletter, *Risk Management Essentials*, is now available. The brand-new edition focuses on child safety in nonprofit organizations, particularly youth-serving organizations. The cover article; 'Cyberbullying & Cyber Threats to Young People' focuses on a topic that receives more attention daily as children and teens spend more of their time in the digital dimension. And while cyberbullying may not offer the warning signs we are taught to identify in cases of physical bullying, its effects can be equally damaging to both the victim and the Bully. Now is a perfect time to refresh your knowledge of youth protection practices. Read the newsletter for insight on cyberbullying, youth protection principles, and tips for engaging parents and caregivers as essential participants in your youth protection program. Read more [HERE](#).

**Mobile folding tables can be dangerous.** The Consumer Product Safety Commission (CPSC) warns that these tables, commonly found in school cafeterias, meeting rooms and other facilities, can be dangerous to youth. The tall heavy tables can tip-over and seriously injure or kill a child. CPSC has received reports of several deaths and injuries to children in schools when these tables tipped over while being moved in their folded positions. Most of the accidents happened during afterschool or non-school sponsored activities. Staff should follow some simple safety practices to avoid injuries from the tip-over of folded tables. Read more [HERE](#).

**Teach children about personal safety.** The National Center for Missing & Exploited Children ([NCMEC](#)) has worked with the child safety experts who created the popular online safety website, [NetSmartz](#), to develop the new KidSmartz program. This program can be used to educate children and their parents about preventing abduction and also empowers them to practice safer behaviors. Youth leaders can encourage “The 4 Rules of Personal Safety” and utilize the available resources such as: personal safety age-specific lesson plans; tips and safety checklists for parents; games and animated videos. Visit the new Website for more information and to download the [KidSmartz Education Kit](#).

**Did you see this in the previous E-news:**

**MRSA recently made national headlines as a NFL player battles infection.** STOP MRSA Now is committed to reducing the spread of MRSA through education and practical prevention steps. MRSA (methicillin-resistant Staphylococcus aureus) is a type of Staph bacteria found on the skin and in the nose that is resistant to antibiotics. More than 90,000 people get potentially deadly MRSA infections every year in the US and approximately 19,000 people die from MRSA infections. More deaths are linked to MRSA infections than AIDS. There are two known types of MRSA. Healthcare-Associated (HA-MRSA), which occurs in hospitals and nursing homes, and a newer type of MRSA is Community-Associated (CA-MRSA), which has recently begun to spread in public settings like gyms, locker rooms, households and schools. MRSA can be easily spread through skin-to-skin contact and by touching contaminated items. This is why it is crucial to take measures to help reduce the spread of MRSA. Read more [HERE](#).

**What do you know about Emergency Oxygen?** A recent article from Aquatics International magazine ([AI](#)) provides the basis information that aquatic managers need to know about equipping their facility with emergency oxygen. This important life-saving tool is available at many aquatic venues and fitness facilities. Even so, many questions still surround the topic of using and equipping facilities with oxygen. The article clarifies the benefits of providing emergency oxygen to a victim of an aquatic incident or drowning, and also lays out a clear path of how to incorporate emergency oxygen into your organization’s protocols, lifeguard certification, in-service training, and Emergency Action Plan (EAP). Read more [HERE](#).

**This Month’s Topics:**

*Moving Safety Forward*  
*Preventing Bullying*  
*Folding Table Safety*  
*Child Safety Resources*  
*Emergency Oxygen*  
*MRSA Infections*