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**A positive culture with staff enhances safety efforts.** However, one bad seed can create havoc with your positive atmosphere. Effective ways to manage negative staff attitudes are discussed in "[How the Grinch Stole the Workplace](#)" by Erin Gloeckner from the Nonprofit Risk Management Center ([NRMC](#)). Gloeckner writes: "It's normal to have a cranky day at work, but string together too many cranky days and you might start sounding like the Grinch. You've worked with a Grinch before—that employee who makes snide remarks, starts rumors, complains without end, or uses body language and other behaviors to display his or her misery. Most people think dealing with Grinches is just part of work, and don't realize how damaging these depressing coworkers really are." Read more [HERE](#).

**ELERTS help people communicate quickly during an emergency.** ELERT apps are also useful for practice drills to document and record what occurs during a mock emergency situation. Schools, hospitals and mass transit systems across the country use the apps to keep people safe. By using the ELERTS Event Alert™ app, clients, staff, volunteers and first responders can instantly share information about a threat or suspicious activity. ELERTS Event Alert™ transmits a GPS map linked to the report location, as well as information about the nature of the threat. Situation awareness improves when all the eyes and ears in your organization are sharing what they see and hear. More information about ELERTS Event Alert™ is available [HERE](#).

**Employers must post injury/illness summary now.** The Occupational Safety & Health Administration ([OSHA](#)) is reminding covered employers to post OSHA's Form 300A, which summarizes the total number of job-related injuries and illnesses that occurred during 2014. The summary must be posted between Feb. 1 and April 30, 2015, and should be displayed in a common area where notices to employees are usually posted. Many nonprofits, employers with 10 or fewer employees and employers in specific low-hazard industries are normally exempt from federal OSHA injury and illness recordkeeping and posting requirements. Due to recent changes in OSHA's recordkeeping requirements certain previously exempt industries are now covered. Lists of both [exempt](#) and [newly covered](#) industries are available on OSHA's [Website](#).

**Safety and health information is always available.** If you use a Smartphone or a tablet on the job, important worker safety and health information is a click away. Dozens of electronic publications can be downloaded at no cost from The Occupational Safety & Health Administration ([OSHA](#)). [Safety and Health Information Bulletins](#) are also now accessible on OSHA's [publications page](#). These publications can help raise awareness of significant occupational safety and health issues concerning hazard recognition, evaluation and control in the workplace and at emergency response sites. The documents focus on various topics such as Bloodborne pathogens, confined spaces, and health and safety hazards to help provide a safe and healthful workplace for all.

**Did you see this in the previous E-news:**

**Fitness training balls, also known as stability and exercise balls,** are commonly used at fitness facilities around the country. They are typically rugged and durable, but are not without limits. When not used in a proper manner, and within manufacturer's recommendations, they can burst. As recently as 2009 the Consumer Product Safety Commission ([CPSC](#)) recommended the recall of nearly 3 million exercise balls due to a number of reports of various injuries to consumers. The majority of these and continuing injuries are due to improper use rather than equipment defect. Read about safe use considerations in the [Online Resource Library](#).

**Standing for long periods of time or sitting at a desk all day** can take a toll on your neck. Workplace injuries are not limited to maintenance workers. Workers with more stationary responsibilities should take time throughout the day to stretch or for a break. [Simple neck stretches](#) can help to prevent or reduce stiffness and pain.

**This Month's Topics:**

*Culture of Safety*  
*Emergency Communication*  
*Reporting Requirements*  
*Safety Publications*  
*Use of Fitness Balls*  
*Ergonomics*