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Put the power to Prevent Bullying in your hand. Parents and caregivers are a child's first and best teacher. Youth are listening and remembering your advice, even when it seems like they are not paying attention. In fact, spending 15 minutes a day listening and talking with a child can help build the foundation for a strong relationship and provide reassurance that they can come to you with a problem. It can also help youth recognize and respond to bullying. [KnowBullying](#) is a new mobile app by the Substance Abuse and Mental Health Services Administration ([SAMHSA](#)) which can help get the conversation started. The app provides tips on talking about school, work, relationships, life, and bullying. You can help prevent bullying and increase communication with youth anytime you have 15 minutes together. Read more [HERE](#).

Propane tanks can be taken for granted. Liquefied Propane gas (LP) tanks are common in both residential and commercial settings throughout the US. While LP can easily be used safely it does take some forethought to prevent accidents. US fire departments responded to an estimated annual average of 1,170 home structure fires involving LP-gas in 2003-2007. These fires resulted in 34 civilian deaths, 135 civilian injuries and \$48 million in direct property damage. So while the common LP cylinder may seem like just part of the daily operation, it must be respected and used safely. Read more [HERE](#) for LP safety information. Check out the gas grill safety information in the [Online Resource Library](#).

It may be winter but it still can be time to plan for wildfire season. Every year there are more organizations at risk as wildfires burn across an increasing number of areas in the US. The National Fire Protection Association ([NFPA](#)) has materials that can help organizations and individual prepare for wildfire season. The NFPA also hosts the [Fire Wise Communities Program](#) with additional information about emergency preparedness and wildfire safety. Safe-Wise Consulting has prepared [Considerations for Wildfire Emergencies](#) that is available in the [Online Resource Library](#).

Standing for long periods of time or sitting at a desk all day can take a toll on your neck. Workplace injuries are not limited to maintenance workers. Workers with more stationary responsibilities should take time throughout the day to stretch or for a break. [Simple neck stretches](#) can help to prevent or reduce stiffness and pain.

Did you see this in the previous E-news:

A positive culture with staff enhances safety efforts. However, one bad seed can create havoc with your positive atmosphere. Effective ways to manage negative staff attitudes are discussed in "[How the Grinch Stole the Workplace](#)" by Erin Gloeckner from the Nonprofit Risk Management Center ([NRMC](#)). Gloeckner writes: "It's normal to have a cranky day at work, but string together too many cranky days and you might start sounding like the Grinch. You've worked with a Grinch before—that employee who makes snide remarks, starts rumors, complains without end, or uses body language and other behaviors to display his or her misery. Most people think dealing with Grinches is just part of work, and don't realize how damaging these depressing coworkers really are." Read more [HERE](#).

ELERTS help people communicate quickly during an emergency. ELERT apps are also useful for practice drills to document and record what occurs during a mock emergency situation. Schools, hospitals and mass transit systems across the country use the apps to keep people safe. By using the ELERTS Event Alert™ app, clients, staff, volunteers and first responders can instantly share information about a threat or suspicious activity. ELERTS Event Alert™ transmits a GPS map linked to the report location, as well as information about the nature of the threat. Situation awareness improves when all the eyes and ears in your organization are sharing what they see and hear. More information about ELERTS Event Alert™ is available [HERE](#).

This Month's Topics:

Bullying Prevention App

Propane Safety

Wildfire Season Planning

Preventing Neck Injuries

Culture of Safety

Emergency Communication App